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Gerontological Nursing and Ageing and Spirituality
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Participatory Care

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Let me tell you a yarn...

Yarn - a long story with a lot of exciting details

(Macmillan Dictionary, 2016)

Yarns can be believed or not; they can be ignored or be the impetus for change.

Individuals can choose to ignore stories, wanting them to be fiction



But what are the possibilities if we listen to the stories and learn together?

Their stories, my learning, our learning...

1. Hobart
2. Dubbo
3. Griffith
4. Mary's story
5. Our book – *Healthy Ageing and Aged Care*



Authentic partnerships

All parties involved ... should experience relationships that promote a sense of –

- *security*
- *belonging*
- *continuity*
- *purpose*
- *achievement and*
- *significance* (Dupuis et al, 2011, p. 431)

Creating and sustaining authentic partnerships

Based on the willingness of partners to be open to-

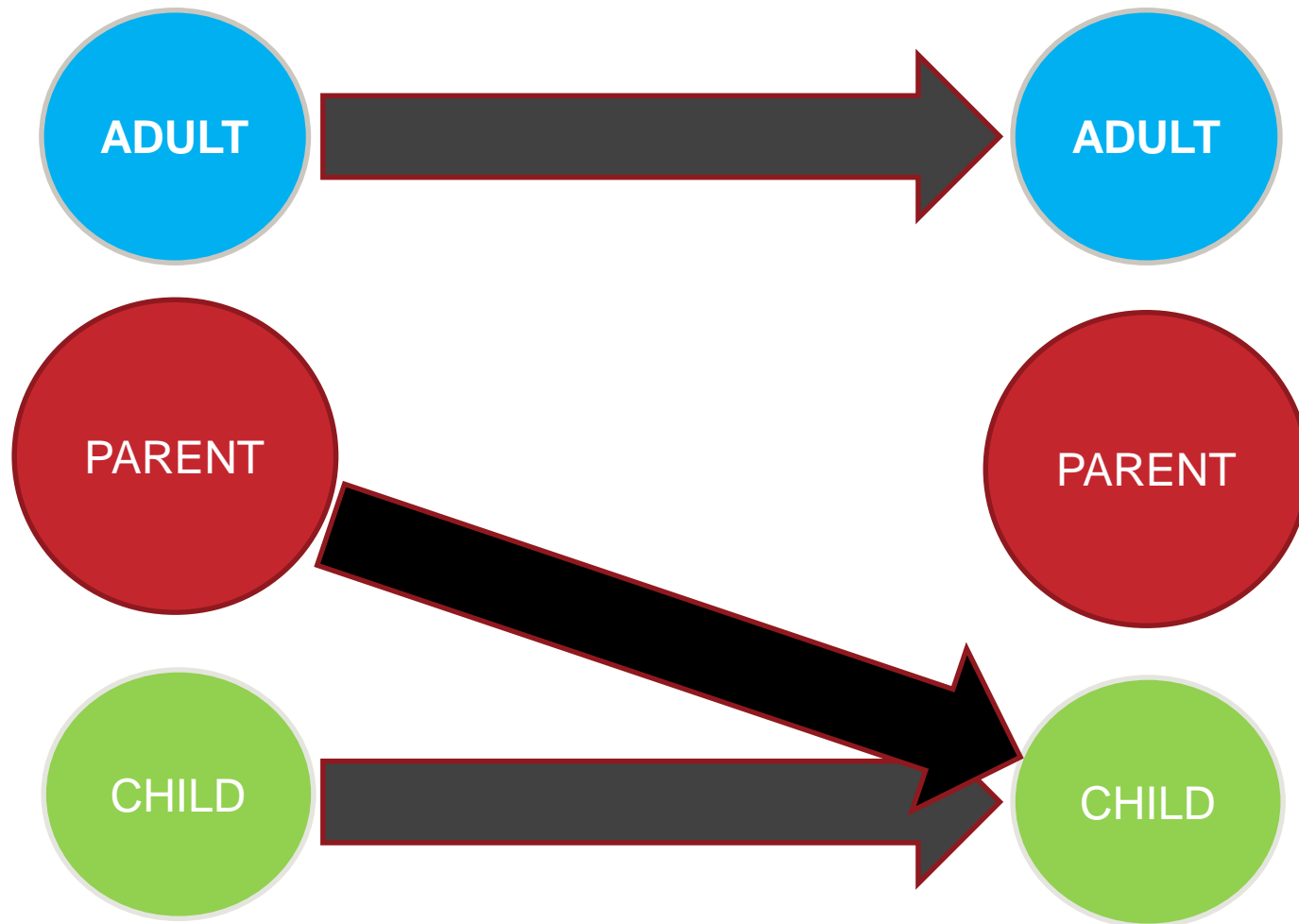
- The developmental nature of the processes
- Dynamic (and creative)
- Systematic (Barnes, 2009)
- Mutual trust
- Shared knowledge
- Investment of time
- Self awareness

Self Awareness=Transactional analysis

*The way we **communicate** impacts on ego state - coherent ways of thinking, feeling and behaving*

(Berne, 2011)

Self Awareness



Your turn to communicate...

Parent to child

How did you feel? What are the implications?

Child to child

How did you feel? What are the implications?

Adult to adult

How did you feel? What are the possibilities?

Appreciative inquiry

Appreciative inquiry is based on identifying strengths, on collaborations and nurturing enthusiasm (Ludema, Cooperrider, & Barrett 2006).

What already exists and **how can we work together to utilise the positives** and reach a mutually determined outcome?

How can this be integrated into our clinical practice?

Brainstorming Partnerships

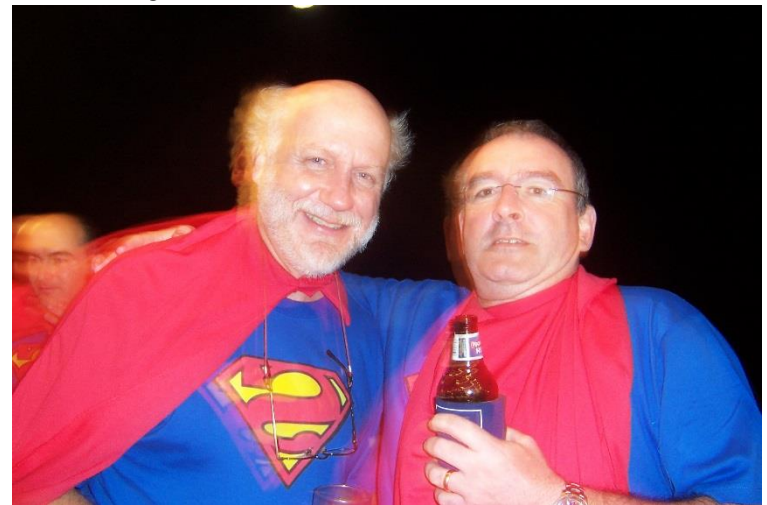
Challenges	How do we get there?	Solutions

Comparison of models

Partnerships	Traditional
Security	Confronting
Mutual respect	Adversarial
Dignity	Rules and regulations
Control	Authoritarian
Belonging	Patronising
Empowered	Disempowering
Unpredictable	Time and task focused
Complex	Predictable
What else?	

A work in progress ...

- What is your new story?
- What is the story of the person you are working with?
- How will you enable their story to be told?



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