



*Retirement living
and residential care*





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Selwyn St Andrew's
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Welcome



Selwyn St Andrew's village

Across the road from Cambridge's historic shady trees and the Te Koutu Lake Reserve, Selwyn St Andrew's offers the perfect location for retirement living. Until now the village has offered independent living by way of 65 villas, each with its own green space. From September 2017 the new Moxon Centre at Selwyn St Andrew's will offer 11 independent living apartments, stunning new village facilities and full on-site resthome and hospital care for when your circumstances change.

Live life at your pace

With many of your everyday tasks such as gardening and exterior maintenance taken care of, you'll have time to indulge in an active, carefree lifestyle and to make the most

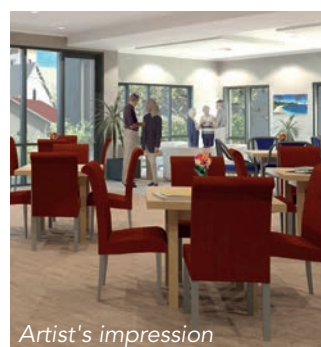
of the wide range of leisure facilities close at hand. You may wish to join in the activities on site and play a full part in village life, socialising in a friendly community of like-minded people. There will be plenty to keep you busy.

Or you can relax and take things easy, living privately and independently in your own home – secure in the knowledge that everything's available on your doorstep, as and when you require. Of course, your family and friends are always welcome to visit.

At Selwyn St Andrew's, you have the choice of an active lifestyle or a quiet life, companionship or privacy, with everything provided for you within a safe, secure and supportive environment – and always with the enduring Christian commitment of The Selwyn Foundation behind you.



Artist's impression



Artist's impression

Our village



Ideally situated in a prime location

English-style Cambridge is a highly desirable retirement area for people from throughout the Waikato, due to its relaxed lifestyle, lush beauty and wonderful shopping and cafés. Nestled adjacent to the centre of the town is Selwyn St Andrew's, the most centrally located retirement village in Cambridge.

The retirement complex has generous grounds of around two hectares and is adjacent to the picturesque and historic St Andrew's Church. This wonderful location offers easy access by foot or vehicle to main street shopping, medical centres, banks, supermarkets, churches and community facilities.

Facilities



From September 2017, Selwyn St Andrew's will offer residents an extensive range of first-class leisure facilities located on the ground floor of the Moxon Centre, including:

- residents' lounge, opening onto an external deck with planters and gardens
- multipurpose room for exercises, movies, performances, celebrations, with its own kitchenette
- crafts/activities room
- café and dining (north facing with an outdoor eating area, eventually overlooking a village green)
- professional kitchen to support the café and dining areas
- medical centre (consulting room)
- shop (dairy/mini-mart)
- hair salon
- meeting room (includes audio visual equipment)

The Moxon Centre

Taking its place among the well-established grounds and villas of Selwyn St Andrew's, our new building will be named the 'Moxon Centre' in honour of Archbishop Emeritus Sir David Moxon KNZM. We are delighted to recognise in this way Archbishop Moxon's dedicated and distinguished service to the people of the Waikato and New Zealand in his former roles as Bishop of Waikato, Primate and Archbishop of the New Zealand Dioceses of the Anglican Church in Aotearoa, New Zealand and Polynesia.



Independent living



Artist's impression

The Moxon Centre apartments

Situated on the top floor of the new building, and bringing apartment style living to Cambridge for the first time, the Moxon Centre apartments will offer elevated views from a range of layouts as follows:

1 x three bedroom apartment
(East facing)

- Floor area 100.9m²
- Includes balcony 12.9m²
- 1 x bathroom
- 2nd WC

7 x two bedroom apartments
(four layouts)

- Floor areas range from 85.8m² – 98.3m²

- Includes balcony from 8.9m² – 12.8m²
- 1 x bathroom
- 2nd WC

3 x one bedroom apartments
(two layouts)

- Floor areas range from 61.5m² – 62.6m²
- Includes balcony from 8.8m² – 12.8m²
- 1 x bathroom

The Moxon Centre apartments are completely self-contained and most offer the following as standard:

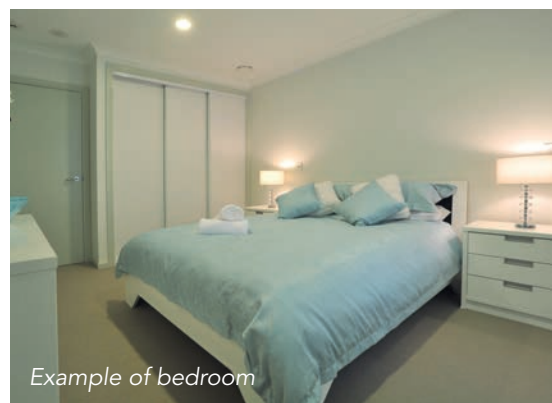
- Drapes and sun filter curtains
- 100% wool carpet
- Electric glass hob
- Electric wall oven
- Fridge/freezer
- Range hood
- Single dishdrawer
- Laundry tub, washing machine and dryer
- Non-slip tiled deck/balcony
- Pre-wired for UHF, SKY TV, phone and internet capability
- Intercom
- Heat pump with remote control
- Water purifier and waste disposal unit
- Non-slip tiled bathroom with frameless glass shower cubicle
- Ensuite with frameless glass shower cubicle
- Heated towel rail

In addition, the following safety and security features will be in place:

- Security cameras
- Home & Away alarm systems
- Emergency call system
- Secure buildings with swipe card access only
- Secure undercover carpark (one park per apartment)



Example of kitchen



Example of bedroom



Example of living room



Independent villa

Our villas are always popular, and it's not hard to see why:

- bright and airy one bedroom and two bedroom homes
- well-designed contemporary kitchens
- dining and lounge opening out to your own private garden
- most have an internal-access garage or carport, and there's security lighting all around
- subject to availability

Residential care



Artist's impression

Changing the way we care for older people

Reflecting best practice from around the world, The Selwyn Foundation is set to deliver holistic care and support to the elderly which is focused totally on the individual, their needs and what they want out of life. The physical design of our facilities, and our staffing structures, are focused on overall wellness, not just clinical care.



The new care suite within the Moxon Centre at Selwyn St Andrew's is the first manifestation of this new model of care, where communities are based around small clusters of resident 'households' within the larger care community. Provision of the full continuum of care from this purpose-built facility will enable residents to continue living on site as their care needs change over time. Residents' rooms are designed in such a way that should a resident need hospital care, it can be delivered from their existing room, rather than having to move elsewhere.

New care suite opening September 2017



Located on the first floor, two small communities or 'households' will be home to a total of 24 residents. Each household will function like a home, with its own living room and open plan kitchen and large balcony for relaxing. Whanau and friends will be able not just to visit, but also use the household kitchen and even stay overnight.

Each household will have:

- its own 24/7 care partners
- its own front door, with a door bell for use after hours
- lounge with fireplace
- dining area (with one large dining table)
- domestic open plan kitchen for staff, residents and whanau to use as they please
- a den or whanau room for residents and families to use during visits, or for whanau to stay overnight complete with (fold-out couch)
- a guest toilet close to the whanau rooms

Each resident's room will have:

- its own ensuite (bidet optional)
- a generous wardrobe
- smart TV with access to SKY TV and Netflix
- wifi

In addition there will be:

- a nurse onsite 24/7
- a small domestic laundry that both residents and families can use should they wish to (a regular commercial laundry service will also be available)





This new model of care is a first in New Zealand and will deliver the highest quality of accommodation and services for our residents. It is fully consistent with The Selwyn Foundation's belief that to care for elder people you have to care about them.

As a resident, you will determine the way you live here at Selwyn St Andrew's, not us. When you first arrive we will discuss your preferences with you and your family, and develop a care plan specifically designed to enhance your wellbeing. It is called a 'care partnership' and throughout your residency, your family members will be most welcome to get involved and participate in all aspects of your life here should you wish them to.

The 'household' structure of the facility means you will have the company of others when you want it – sharing and participating in all aspects of daily life – and the privacy of your own room when you need it.

Here are some of the main aspects of life at the village:

Meals

Main meals will be cooked on site, but when you eat is up to you. You and your family are welcome to use the kitchen within each household to cook your own meals too.

Health

You will have access to an on-call GP as well as other health professionals.

Activities

Residents are encouraged to keep mentally and physically active. You are welcome to continue with your existing hobbies in addition to the range of organised activities we will make available to you.

Volunteers

It's nice to have company but we realise your family can't be here all the time. Our village volunteers are here to help brighten your day in any way they can.

Chaplaincy

Our Chaplain is on site two days a week, but is available outside those times on request. Please feel free to invite the Chaplain, or another spiritual leader, to visit you at any time.

The Selwyn Foundation



The Selwyn Foundation is an independent, Christian faith-based New Zealand charitable trust providing services to older people and their families. We have been leading the way in improving the quality of life of our elders for over sixty years. As pioneers of the retirement village model and of rest home care in this country, we are uniquely experienced in providing residential care, independent retirement living and community outreach services for older adults.

With the dramatic rise of New Zealand's ageing population, the work of The Selwyn Foundation is more important than ever. Building on our achievements to date — and in keeping with our original Mission to provide quality care for elders — we will continue to innovate, diversify and offer a continuum of flexible care options that meet the present and future needs of ageing people and their families.

In keeping with our Mission:

To deliver quality services that are responsive to the ageing person and their family, ensuring that our charitable outreach supports those who are vulnerable or in need.

Our charitable focus is three-pronged: to combat social isolation and loneliness, increase social housing and offer hardship support. In all that we do, we do not lose sight of the importance of Tikanga and our Christian faith.

Our activities are grouped in four key areas:

Charity

Enhancing the lives of elders who are vulnerable or in need.

Promoting the welfare of elders in general is an important aspect of the Foundation's charitable Mission. We therefore distribute more than 30% of our annual operating surplus to charitable and not-for-profit groups working with or for the elderly at both community and national level. This is in addition to funding our community outreach Selwyn Centre programme, our subsidised rental accommodation and village medical centres.

Looking to the future, our charitable focus will be to deliver on our mission in combating social isolation and loneliness, increase social housing and offer hardship support.

Learning

Investing in research and education to deliver quality care.

The Selwyn Foundation supports a wide range of gerontology research. In addition to assisting universities with studies that influence the wellbeing of elders, we also fund The Selwyn Institute for Ageing and Spirituality and are the principal benefactor of The HOPE Foundation. By investing

in quality learning and research opportunities, we aim to enhance the wellbeing of our residents, and of New Zealand's ageing population as a whole. The Selwyn Foundation is committed to opening up growth and skill opportunities that help our staff, their families and our residents.

Community

Providing care and support to elders in their community.

Selwyn's community outreach is most evident in the Selwyn Centres. With over 40 venues provided in association with Anglican parishes and serving more than 800 people each week, the programme provides community drop-in centres that enable those who may be living alone and in need of companionship to remain active, healthy and independent in their own neighbourhoods.

Villages

Creating thriving communities to age well.

The Selwyn Foundation seeks to create positive environments that promote residents' independence, eliminate loneliness and add variety to the daily experience. We aim to create open, engaging communities where people have

purpose, enjoy choice, and an active lifestyle with family and friends.

By developing contemporary new environments and modernised styles of care, we'll take forward into the future the vision our founders began over sixty years ago.



To care for older people, you have to care about them



The Selwyn Way is our approach to the care and wellbeing of all who connect with The Selwyn Foundation. Whether you live at home in your community, or in one of our independent living, residential or dementia care facilities, or if you work for the Foundation, you will find the same consistent standard of care, underpinned by our Christian faith.

The Selwyn Foundation has identified five key domains that improve wellbeing:

Spirituality (Wairuatanga)

A dimension that brings meaning to life.

Growth (Whakatupu)

Continuing to learn and flourish as a person.

Contentment (Uruhau)

A state of satisfaction with life.

Belonging (Nō)

A sense of meaningful connection with others, being part of a community.

Resilience (Aumangea)

To overcome adversity, stress or uncomfortable change in ourselves or our circumstances.

These five key aspects inform:

- The environments we create for you
- How we help you manage your health
- How we create opportunities for you to engage in life.

Villages

Selwyn Village

43 Target Street, Point Chevalier,
Auckland 1022. PO Box 44106,
Point Chevalier, Auckland 1246
Tel: (64-9) 846-0119

Residential care at Selwyn Village

Caswell Rest Home
Tel: (64-9) 845-0731

*Kerridge Rest Home
and Hospital*
Tel: (64-9) 845-0733

Sarah Selwyn Hospital
Tel: (64-9) 845-0736

Brian Wells Lodge
Tel: (64-9) 845-0717

Independent living at Selwyn Village

Tel: (64-9) 846-0119

Selwyn Heights

42 Herd Road, Hillsborough,
Auckland 1042

Residential care at Selwyn Heights

*Elliot & Stella Davis Memorial
Hospital*
Tel: (64-9) 624-2600

Butland Rest Home
Tel: (64-9) 624-2600

Independent living at Selwyn Heights

Tel: (64-9) 624-2600

Selwyn Oaks

21 Youngs Road, Papakura,
Auckland 2110
Tel: (64-9) 297-2079

Selwyn Park

15 Puriri Park Road, Maunu,
Whangarei 0110
Tel: (64-9) 438-1099

Selwyn St Andrew's

41J Bryce Street,
Cambridge 3434
Tel: (64-7) 827-6225

Selwyn Wilson Carlile

562 Grey Street, Hamilton East
3216 Tel: (64-7) 838-1562

Selwyn Sunningdale

174 Peachgrove Road, Claudelands
Hamilton 3214
Tel: (64-7) 855-5465

Gracedale Home and Hospital

68 Mt Roskill Road, Mt Roskill,
Auckland 1041
Tel: (64-9) 621-0011

Services

The Anchorage Day Centre (dementia day care)

St Mary's Cooperating Parish
Church Hall
Cnr Taniwha Rd & Elstree Ave,
Glen Innes
Tel: (64-9) 815-3991

Lavender Cottage (dementia day care)

43 Target Street, Point Chevalier,
Auckland 1022
Tel: (64-9) 815-4785

Hansen Close

(including Selwyn House)

25 Roseberry Avenue, Birkenhead,
Auckland 0626
Tel: (64-9) 846-0119

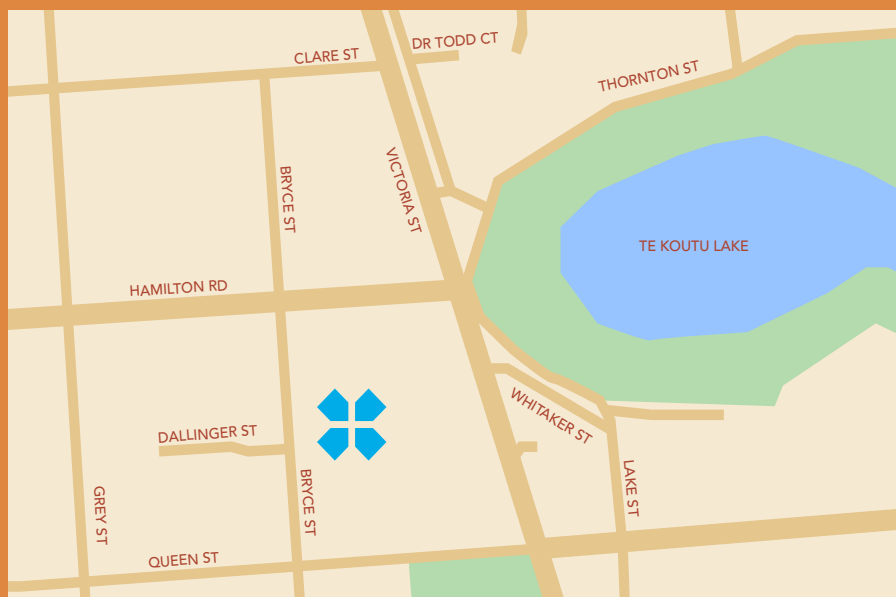
Selwyn Centres

Community day centres
for the over 65s, see
www.selwyncare.org.nz

Selwyn St Andrew's
41J Bryce Street,
Cambridge 3434.



Selwyn
St Andrew's







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